

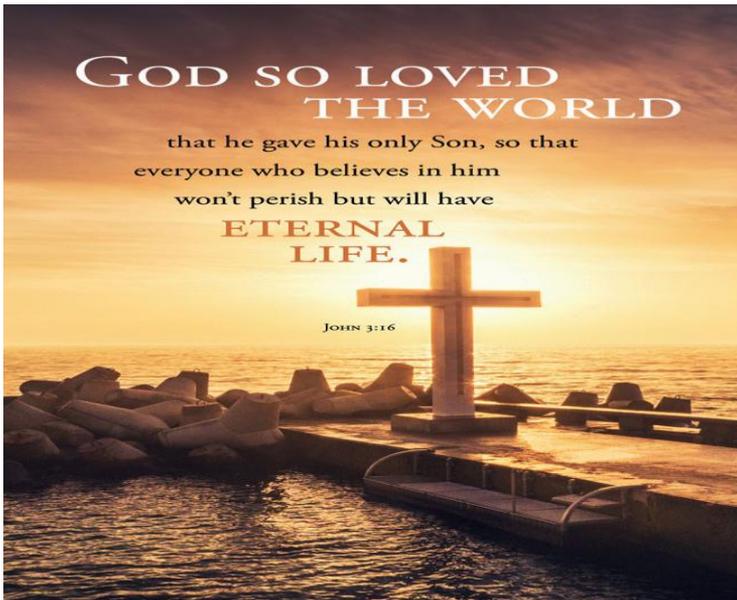
St. Cyprian's Episcopal Church

THE SECOND SUNDAY IN LENT

SUNDAY, MARCH 1, 2026

10 a.m.

YouTube LIVE



The Rev. Dr. Hector E. K. Sintim
Priest-in-Charge

1242 W. Queen Street
Hampton, VA 23669
Office Hours:

Phone: (757) 723-8253
<http://www.stcyprianshamptonva.org>
Tuesdays – Thursdays/9:30 a.m. – 2:30 p.m.

**THE SECOND SUNDAY IN LENT
SUNDAY, MARCH 1, 2026**

**THE HOLY EUCHARIST, RITE II
10 a.m.**

PROCESSIONAL ~ (Silent)

A PENITENTIAL ORDER: RITE TWO

BCP p. 351

The people standing, the Celebrant says

Celebrant: Bless the Lord who forgives all our sins.

People: ***His mercy endures for ever.***

The Celebrant may read one of the following sentences

BCP p. 351

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

~ I John 1:8, 9

The Deacon or Celebrant then says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,**

**and walk in your ways,
to the glory of your Name. Amen.**

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

When this Order is used at the beginning of the Liturgy, the service continues with the Gloria in excelsis, the Kyrie eleison, or the Trisagion.

The Kyrie S91

BCP p. 356

Celebrant: Lord, have mercy.

People: **Christ, have mercy.**

Celebrant: Lord, have mercy.

The COLLECT

BCP p. 218

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

THE LESSONS

OLD TESTAMENT: Genesis 12:1-4a

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.” So Abram went, as the Lord had told him; and Lot went with him. *(NRSV)*

Reader: The Word of the Lord.

People: Thanks be to God.

PSALM 121

Levavi oculos

BCP p. 779

- 1 I lift up my eyes to the hills; *
from where is my help to come?
- 2 My help comes from the LORD, *
the maker of heaven and earth.
- 3 He will not let your foot be moved *
and he who watches over you will not fall asleep.
- 4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;
- 5 The LORD himself watches over you; *
the LORD is your shade at your right hand,
- 6 So that the sun shall not strike you by day, *
nor the moon by night.
- 7 The LORD shall preserve you from all evil; *
it is he who shall keep you safe.
- 8 The LORD shall watch over your going out and your coming in, *
from this time forth for evermore.

THE EPISTLE: Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants,

not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. (*NRSV*)

Reader: The Word of the Lord.

People: **Thanks be to God.**

THE GRADUAL HYMN/HYMN OF THE MONTH

(*HYMNAL # 150*) ~ “*Forty Days and Forty Nights*”

A READING FROM THE HOLY GOSPEL

Gospeller: The Holy Gospel of our Lord Jesus Christ according to *John 3:1-17*

People: **Glory to you, Lord Christ**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things? “Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended

into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. “For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. “Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.” (*NRSV*)

Gospeller: The Gospel of the Lord.

People: Praise to you, Lord Christ.

SERMON HYMN (*WLP #819*) ~ “*Guide My Feet Lord*”

THE SERMON

THE PRIEST

THE NICENE CREED

BCP p. 358

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again**

**in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. *Amen.***

PRAYERS OF THE PEOPLE FOR THE LENTEN SEASON

Prayers will be said by all during the Lenten Season.

Prayer of Repentance for Forgiveness

Heavenly Father, I come before you with a humble heart, acknowledging my weaknesses and the ways I have fallen short. Lord, I ask for your mercy—wash me clean and renew my spirit. Help me to turn away from sin and walk in the light of your truth.
Lord in your divine mercy, hear our request.

Teach me to accept your forgiveness and to forgive others as you have forgiven me. May this Lent be a time of true repentance, where I surrender my burdens and embrace the freedom that comes through your grace. Thank you for never giving up on me. In Jesus' name,
Amen.

Lord in your divine mercy, hear our request.

Lenten Prayer for a Clean Heart

Create a clean heart in me, O God: a humble heart, a meek heart, a peaceful heart, a benevolent heart, a devout heart which does evil to no one, which does not repay evil for evil, but overcomes evil with good, which loves you above all things, always thinks about you,

speaks about you, gives you thanks, delights in hymns and spiritual songs, and has its citizenship in heaven. **Amen.**

Lord in your divine mercy, hear our request.

Prayer for Self-Denial in Fasting

Lord Jesus, you fasted in the wilderness and faced temptation, yet you remained faithful to the Father. As I take on my own Lenten sacrifices, give me the strength to persevere. When I feel weak or tempted, remind me that my fasting is not about rules but about drawing closer to you.

Lord in your divine mercy, hear our request.

Help me to desire you more than anything I give up. May my sacrifices lead me to deeper gratitude, greater trust, and a heart that longs for you above all else. In your holy name, **Amen.**

Lord in your divine mercy, hear our request.

Prayer for Spiritual Renewal and Growth

Father God, I don't want this Lent to pass by as just another season—I want to be changed. Strip away anything in me that keeps me from fully surrendering to You. Fill me with Your Spirit and renew my mind so that I may grow in faith, love, and obedience.

Lord in your divine mercy, hear our request.

Open my heart to Your Word and let my prayer life deepen in intimacy with You. Help me to quiet the noise of the world so I can hear Your voice more clearly. Make me more like Jesus, day by day.

Amen.

Prayer for Charity and Helping Others

Gracious Lord, you call us to love one another as you have loved us. Open my eyes to the needs of those around me and give me a heart that is quick to serve. Whether through giving, encouraging, or simply being present for someone who is hurting, help me to reflect your kindness and compassion. May my acts of charity be done not for recognition but as a response to your love. Use me, Lord, to be your hands and feet in this world. In Jesus' name, **Amen.**

Lord in your divine mercy, hear our request.

Prayer for Guidance and Discernment

Lord, my Shepherd, there are so many decisions before me, and I don't always know which path to take. In this season of Lent, I surrender my plans and ask for Your wisdom to guide me. Show me where you are leading and give me the courage to follow, even when the way is uncertain. Help me to trust that your plans are always for my good and your glory. Let this time of reflection draw me closer to your will. Thank you for walking with me every step of the way.

Amen.

Lord in your divine mercy, hear our request.

Let us pray for our own needs and those of others.

Silence

Prayer for the sick will be led by Eucharistic Minister

We pray for those who are sick and those who may be suffering, especially, *Juanita Alexander, Ardelle Anderson, Daisy Bell, Jeffery Corbin II, Keri Corbin, Sandra Corbin, Crystal Diggs Gray, Patricia Dixon, Regal DuBose, Lorraine Edwards (aunt of Crystal Diggs Gray), Samuel E. Ewell, Jr., Olivia Ghanem (mother of Fr. Sintim), Gene Harden, Betty Lewis, Marc Miller, Delores Minor, Ron Minor, Gwendolyn Newsome, Shane Otey, Eleanor Pritchett, Alberta Reid, Angela J. Russell, Henry P. Russell, Jr., Barbara Savage, Minnie Stiff, Vernell Walden, Wayne Walden, John Watkins, Sr., Bernice Wilson, Lucius Wyatt, and Samantha B. B. Burney.*

Lord in your divine mercy, hear our request.

People may add their own petitions.

Silence

The Celebrant adds a concluding Collect.

CONCLUDING COLLECT

BCP p. 394

Lord, hear the prayers of *thy* people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of *thy* Name; through Jesus Christ our Lord. ***Amen.***

COMMISSIONING OF NEW CHURCH OFFICERS

(See Page 16 - “Commissioning of Church Officers and Vestry”)

THE PEACE ~ *Please stand.*

The Celebrant says to the people

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

OFFERTORY SENTENCE (*To be said by all*)

Walk in love, as Christ loved us, and gave himself for us, an offering and sacrifice to God. ~ ***Ephesians 5:2***

THE OFFERTORY ANTHEM (*WLP # 805*)

~ “*I Want Jesus to Walk with Me*”

PRESENTATION OF OFFERINGS AND DOXOLOGY HYMN

(*All Stand*) ~ (*HYMNAL # 380 v 3*)

Representatives of the congregation bring the people’s offerings of money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented and placed on the Altar.

Celebrant and People

Praise God from whom all blessings flow.

Praise Him, all creatures here below.

Praise Him above, ye heavenly host.

Praise Father, Son, and Holy Ghost. Amen

Celebrant: We pray, brethren, that your sacrifice and mine may be acceptable by the Lord Almighty.

People: ***May the Lord receive our sacrifice both for our benefit and that of his holy Church.***

THE HOLY EUCHARIST~ *Eucharistic Prayer C* **BCP p. 369**

In this prayer, the lines in italics are spoken by the People.

Celebrant: The Lord be with you.

People: ***And also with you.***

Celebrant: Lift up your hearts.

People: ***We lift them to the Lord.***

Celebrant: Let us give thanks to the Lord our God.

People: ***It is right to give him thanks and praise.***

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us.

By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Celebrant and People (The Sanctus)

BCP p. 362

**Holy, Holy, Holy Lord, God of power and might,
Heaven and earth are full of your glory.**

Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

Celebrant ~ “Father, We Adore Thee”

After supper, he took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

People ~ “Jesus, We Adore You; Spirit, We Adore You”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

***We celebrate his death and resurrection,
as we await the day of his coming.***

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion

make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

As our Savior Christ has taught us, we now pray,

People and Celebrant

THE LORD'S PRAYER

BCP p. 364

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. *Amen.***

THE BREAKING OF THE BREAD

BCP p. 364

The Celebrant breaks the consecrated Bread

THE FRACTION ANTHEM

A period of silence is kept.

Celebrant: Christ our Passover is sacrificed for us;
People: ***Therefore let us keep the feast.***

Celebrant and People

**Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace.**

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.
and may add

Take them in remembrance that Christ died for you, and feed on him
in your hearts by faith, with thanksgiving.

*The ministers receive the Sacrament in both kinds, and then
immediately deliver it to the people.*

*(All baptized Christians are invited to receive the bread and wine.
To receive, please come to the altar rail; kneel or stand with hands
outstretched to receive the bread. Then decide whether to receive the
wine by dipping the bread or drinking from the large common cup.)*

COMMUNION HYMN (LEVAS # 69)
~ “*In the Garden*”

PRAYERS FOR BIRTHDAYS AND ANNIVERSARIES

WELCOME

ANNOUNCEMENTS

THE POSTCOMMUNION PRAYER

BCP p. 366

Celebrant: Let us pray.

Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,

and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. *Amen.*

THE BLESSING

THE DISMISSAL

BCP p. 366

Celebrant: Go in peace to love and serve the Lord.
People: **Thanks be to God.**

Silent Processional

THE POSTLUDE



CHURCH ATTENDANCE FIRST SUNDAY IN LENT- FEBRUARY 22, 2026- 10 a.m.

Present – 28
Communion – 28
YouTube – 15

THE SECOND SUNDAY IN LENT- LITURGICAL SERVERS March 1, 2026 - 10 a.m.

Eucharistic Minister – Stephanie Kendall
Altar Guild – Gail B. Jones; Maria Watkins
Acolyte – Lucretia Clayton; Tamyah Smith
Ushers – Steve Ham; William H. Walls Sr
Webmaster & Audio Visual Technician – Mark Farquharson
Trustees – Stanley Carnegie; Gail B. Jones; Lucius Wyatt

COMMISSIONING OF CHURCH OFFICERS AND VESTRY

Friends in Christ, we are all baptized by the one Spirit into one body, and given gifts for a variety of ministries for the common good. Our purpose is to commission these persons in the name of this congregation to a special ministry to which they are called.

Celebrant: You have been called to a ministry in this congregation. Will you as long as you are engaged in this work, perform it with diligence?

Candidate: I will, with God's help.

Celebrant: Will you faithfully and reverently execute the duties of your Ministry to the honor of God, and the benefit of the members of this congregation?

Candidate: I will, with God's help.

Celebrant: The Lord gives wisdom; from his mouth comes knowledge and understanding; he stores up sound wisdom for the upright, he is a shield to those who walk in integrity.

Candidate: I am God's servant; I pray that God might grant me understanding, that I may know God's decrees.

Let us pray. (*Silence*)

Please kneel and remain kneeling for the blessing.

Eternal God, the foundation of all wisdom and the source of all courage; Enlighten with your grace these officers, and so rule their minds, guide their counsels, that in all things they may seek your glory and promote the mission of your church, through Jesus Christ our Lord. **Amen.**

In the name of God and of this congregation, I commission you, officers of this parish, to the glory of God and the furtherance of the gospel. **Amen.**

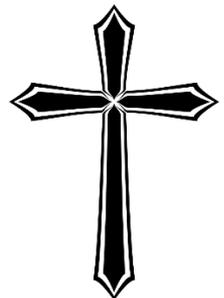
MARCH BIRTHDAYS AND ANNIVERSARIES

BIRTHDAYS

- 3/2 Marilyn Outlaw Evans
- 3/3 William Walls Sr.
- 3/4 Dorian Moore
- 3/8 Fay Winston
- 3/12 Karen McAdoo
- 3/13 Alexis Canty
- 3/14 John "Holland" Watkins, Jr.
- 3/15 Phyllis Holland-James
- 3/22 Barbara Savage
- 3/24 Simone Griffin
- 3/27 Gwendolyn Newsome
- 3/29 Joy Maria Watkins

ANNIVERSARIES

None





ANNOUNCEMENTS

UPCOMING IN THE WEEK AHEAD...

Sun.	Mar. 1 st	9 a.m.	Bible Study
Sun.	Mar. 1 st	10 a.m.	Holy Eucharist, Rite II-YouTube Rev. Hector K. Sintim, Preacher
Sun.	Mar. 1 st		Women's History Month
Sun.	Mar. 1 st	11 a.m.-12 p.m.	Communion Pick-up
Sun.	Mar. 1 st		VA Peninsula Foodbank Donation
Wed.	Mar. 4 th	11 a.m.-12 p.m.	Communion Pick-up
Wed.	Mar. 4 th	12 p.m.	Noonday Prayer
Wed.	Mar. 4 th	5 p.m.	Lenten Service/St. Cyprian's
Thur.	Mar. 5 th	11 a.m.	Choir Rehearsal
Thur.	Mar. 5 th	12 p.m.	Bible Study
Thur.	Mar. 5 th	11 a.m.-12 p.m.	Communion Pick-up
Sun.	Mar. 8 th	9 a.m.	Bible Study
Sun.	Mar. 8 th	10 a.m.	Holy Eucharist, Rite II-YouTube Rev. Hector K. Sintim, Preacher
Sun.	Mar. 8 th		March Birthday Celebration-Coffee Hour
Sun.	Mar. 8 th	11 a.m.-12 p.m.	Communion Pick-up
Sun.	Mar. 8 th		Peak Childhood Center Donation
Tue.	Mar. 10 th	11 a.m.	Vestry Meeting
Wed.	Mar. 11 th	11 a.m.-12 p.m.	Communion Pick-up
Wed.	Mar. 11 th	12 p.m.	Noonday Prayer
Wed.	Mar. 11 th	5 p.m.	Lenten Service/Emmanuel
Thur.	Mar. 12 th	11 a.m.	Choir Rehearsal
Thur.	Mar. 12 th	12 p.m.	Bible Study
Thur.	Mar. 12 th	11 a.m.-12 p.m.	Communion Pick-up



IN OUR CYCLES OF PRAYER:

We Pray for Our Bishop: The Rt. Rev. Susan B. Haynes

We Pray for Our Ministry for Postulancy: Cornelia Taylor

We Pray for Parishioners:

Juanita Alexander, Ardelle Anderson, Daisy Bell, Jeffery Corbin II, Keri Corbin, Sandra Corbin, Crystal Diggs Gray, Patricia Dixon, Regal DuBose, Lorraine Edwards (*aunt of Crystal Diggs Gray*), Samuel E. Ewell, Jr., Olivia Ghanem (*mother of Fr. Sintim*), Gene Harden, Betty Lewis, Marc Miller, Delores Minor, Ron Minor, Gwendolyn Newsome, Shane Otey, Eleanor Pritchett, Alberta Reid, Angela J. Russell, Henry P. Russell, Jr., Barbara Savage, Minnie Stiff, Vernell Walden, Wayne Walden, John Watkins, Sr., Bernice Wilson, Lucius Wyatt, and Samantha B. B. Burney

We Pray for Friends and Family:

Derrick Edmonds, Lois Martin, Margaret Comegys, Clay Cane, Alexa Munoz, Cheryl Maxson, Doris Harris, Marcus Reid, Jeannie & Paul Saunders, Beverly Amaya, Lily Holloman, Allison Jordan, Greg & Patrina Newton, Kenneth Bullock, Peggy Winston, Dominique Jordan, Tony Leroy Duncan, Edith & Sana Harris, Jasen Fykes (*grandson of Eleanor Pritchett*), Sophia & Wendell McCloud (*sister and brother-in-law of Lucretia Clayton*), Shawna Mathias (*sister of Crystal Diggs*), Joy Staton, Christine Calhoun, Jeffrey Peele, Oliver Christian (*brother of The Rev. Earl R. Christian*), Howard Moore (*brother of Lucretia Clayton*), Philip Whitaker (*brother of Crystal Diggs*), Tyrone Comegys, Russell Rhorer (*brother-in-law of Samuel Ewell, Jr.*), Evita Ogden (*niece of Alberta Reid*), Phillip Wilson, William & Margaret Boyd (*nephew of Gwendolyn Newsome*), Barry Lockett (*neighbor of Lora & Steve Ham*), Yvonne Hargrove (*sister of Stephen Ham {Lora}*), Betty Rivera (*neighbor of Lora & Stephen Ham*), Nettie Smiley (*friend of Portia Goode-Herd*), Julyn Sheppard (*wife of the late Jerome Sheppard*), Doris Powell, Jaden Cooper (*nephew of Crystal Diggs Gray*), Jill & Mike Wojcik (*neighbor of Gwendolyn Newsome*), Thomas Dru Montague (*grandson of DeLaine Headen*), Claire Martine (*sister of Gwendolyn Newsome and aunt of Sharon and Sylvester Newsome Jr.*), and Lorean Hester (*mother of Earl Hester*)

We Pray for Those Serving in the Military:

LaToya Artis (*niece of Dr. Minnie Stiff*); Major Luke Carpenter, III (*grandson of Bill and Fannie Walls*), U.S. Marine Corps; John “Holland” Watkins (*son of John & Maria Watkins*), U.S. Navy; and LT. Joy Maria Watkins (*daughter of John & Maria Watkins*), U.S. Coast Guard

We Pray for The Departed:

We pray for the praying for the blessed repose of the soul of *Olive Ezell* and the comfort and consolation of her family. *Olive Ezell* transition to the greater beyond on **Saturday, February 21, 2026**. Additional information regarding the funeral arrangements will be forthcoming.

Eternal rest, grant unto Olive O Lord, and let perpetual light shine upon her. May her soul and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

Live-Streaming – We welcome all who visit us online by *YouTube*. Our service is live streamed each Sunday at 10 a.m. If you missed a service or just want to hear it again, recordings of our worship services are on our *YouTube* channel. To access the *YouTube* channel, click on the link: <http://www.stecyprianshamptonva.org>.

For Our Homebound – If you are not able to worship in person for any reason and would like to receive communion and healing prayer, please contact Rev. Dr. Hector Sintim by cell at 757-690-6739 or email him directly at revsintim@hotmail.com. You may also call the church office at (757) 723-8253 to schedule a visit.

Birthdays and Anniversaries – Each Sunday we pause during our service to offer prayers of blessing for all those celebrating a birthday or a wedding anniversary during the month. If you are celebrating this month, please join us during our Sunday morning worship service at 10 a.m. so that we can add to your celebration by giving you a special blessing.

Ministry Opportunities – Volunteers of all ages are welcome to participate in the Sunday morning worship service. Opportunities include serving as Eucharistic Minister, Lay Reader, Greeter/Usher,

or Acolyte. Reach out to Lucretia Clayton or Fr. Sintim for more information. Thank you. ~ *Fr. Sintim*

Sunday Prayer for Healing and Strength – Everyone is welcome to join us for a special time of communal prayer following Sunday morning worship in Howard Chapel. This gathering offers an opportunity to seek healing, peace, and renewed strength, whether you are dealing with health concerns, emotional struggles, or looking for spiritual support. We invite members, friends, and neighbors from our community to experience the comfort and restoration that prayer can bring. Let us unite to share our burdens, discover peace, and renew our faith together. ~ *Fr. Sintim*

From the Music Ministry – The Procession and Dismissal will be silent, in observance of the Lenten Season, which recognizes the forty days and nights spent in the wilderness by Jesus Christ. We invite you to use this time for personal reflection. ~ *Phyllis Holland-James, Director of Music Ministries*

Calling For Bibles – We are seeking to replenish our collection of church Bibles for use during Bible Study sessions and Sunday readings. If you have additional Bibles at home that you wish to donate, please bring them to the church on Sunday or drop them off during our regular office hours. Thank you. ~ *Fr. Sintim*

Commission and Installation of New Vestry – During today's morning worship service, Fr. Sintim will commission and install the new vestry members and officers. These new vestry members will begin a three-year term of service from January 2026 – December 2028. The new vestrymen are **Mark Farquharson, Dorian Moore, and Clayton Winston.**

Vestrymen with expiring terms for 2025 are **Jean H. Carnegie** and **Connie McCullough.** St. Cyprian's is indeed thankful for the faithful service given by the outgoing Vestry members. We pray that God will keep them safe and in the palm of his hands as they continue to be active stewards of this church.

H.E.L.P. Sunday – A special thank you is extended to all parishioners for your contribution towards *H.E.L.P.* on February 22, 2026. A total of \$50 was collected. Please remember the less fortunate in the community by giving monetary donations each fourth Sunday for the *H.E.L.P.* Pantry. ~ *Alberta Reid, H.E.L.P. Coordinator*

Year-End Contribution Statements – The Treasury Team has printed out parishioners 2025 Contribution Statements, which you may need for taxes. These statements are located in the box on the table in the narthex. End-of-year contribution statements may also be picked up during the week during our regular Parish Office hours.

Fall Bazaar Planning Committee – For those interested in helping to plan for the Fall Bazaar, which is scheduled for September 29, 2026, we need your assistance. If you have a specialty in the following areas: arts and crafts, baked goods, jewelry, making preserves, picture taking, etc., please sign up to serve on the planning committee. The sign-up sheet is posted on the front hallway table. ~ *Lora Ham*

Our Daily Bread Devotionals – The latest issue of the popular daily devotional, *Our Daily Bread*, is available on the front hallway table for pick-up during the church's regular office hours. This edition covers March, April and May. For those looking for a spiritual way to observe the season of Lent, consider picking up a copy.

Thank You for Your Support – Thanks to all who made a contribution or submitted their pledge. If you have not done so, we are still accepting your pledge or gift by **mail** or **electronic giving**.

- **Giving By Mail** – You may mail your financial contribution to the church address-**1242 West Queen Street, Hampton, VA 23669** or **P. O. Box 65, Hampton, VA 23669**.
- **Electronic Giving** – Please visit our website to make electronic contributions to St. Cyprian's Episcopal Church.

- **Donations/Contributions** – If you are not a member of St. Cyprian’s but would like to make a **contribution** to the church, please know how grateful we are. You can also make a contribution online. Visit our home page and click on the green *GIVE* button. Create your account and log in to enter your information. Whether you choose to make a recurring contribution or a one-time gift, we thank you for your generosity and faithful support of this parish.

Racial Healing Workshop – Specific individual and groups within the diocese recommended to participate in the Racial Healing Workshops. Those individuals and groups include search committees, vestries and leadership boards (Standing Committee, Commission on Ministry, Executive Board, among others), diocesan staff, church staff, and clergy.

- Sat., April 18, 2026, 9 a.m.-3 p.m./Galilee Virginia Beach
- Sat., May 16, 2026, 9 a.m.-3 p.m./ St. Andrew’s Lawrenceville
- Sat., May 30, 2026, 9 a.m.-3 p.m./St. Thomas Chesapeake
- Sat., June 27, 2026, 9 a.m.-3 p.m./Christ & Grace Petersburg



Safe Church Training – Specialized Training is offered for vestry members, clergy, and church staff. To register for a workshop session, visit the Diocesan website.

- Sat., March 7, 2026, 9 a.m.-3 p.m./St. Thomas Chesapeake
- Sat., March 21, 2026, 9 a.m.-3 p.m./Bruton Parish Williamsburg
- Sat., May 9, 2026, 9 a.m.-3 p.m. at Christ Church Danville
- Sat., June 13, 2026, 9 a.m.-3 p.m./Emmanuel Virginia Beach
- Sat., July 11, 2026, 9 a.m.-3 p.m./St. Barnabas North Chesterfield

Universal Safe Church Training:

- Thurs., March 19, 2026, 6:30-8:00 p.m. via Zoom
- Wed., April 15, 2026, 6:30-8:00 p.m./ at St. Paul’s Petersburg

FEBRUARY BIRTHDAYS AND ANNIVERSARIES



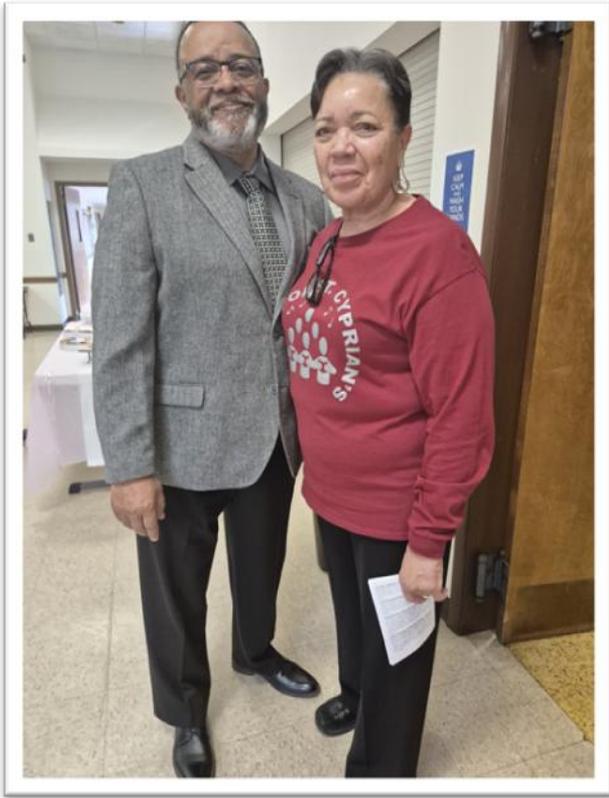
Rev. Dr. Sintim is pictured above offering a prayer for parishioners celebrating birthdays and anniversaries in February.



Mary Jackson was honored with a surprise birthday celebration organized by her daughter, Artreece Tall, in collaboration with catering partner Monica Stokes. The event featured an impressive arrangement of food and decorations. Mary expressed her appreciation for the festivities and enjoyed the occasion. The church community extends its best wishes to Mary on her birthday. We love you!! ~ ***Your Church Family***

COFFEE HOUR NEEDS HELPERS!

Anyone interested in hosting Coffee Hour is invited to sign up on the schedule at the front hallway table. Families, groups, Church Committees, and friends are welcome. For details, contact the parish office or Senior Warden. The image below shows Mr. & Mrs. Wayne Tall during the surprise birthday celebration for Mary.



A WALK FOR PEACE

Dale Ham, son of Lora and Stephen Ham, is pictured with two of the 24 Buddhist monks in Washington, DC, who participated in a “Walk for Peace.” This 2,300-mile pilgrimage commenced in Fort Worth, Texas, with the objective of advancing peace and compassion. The monks traveled through several southern states, including Louisiana, Mississippi, Alabama, Georgia, South Carolina, North Carolina, and Virginia, before arriving in Washington, DC on February 26. ~ *Lora & Stephen Ham*



JOIN US AS WE CELEBRATE
HAMPTON EPISCOPAL CHURCHES

Lent

Season of Renewal



REV. DEA. DARLENE JACKSON



REV. LISA M. ERDELJON



REV. DR. HECTOR K. SINTIM



REV. RHONDA WHEELER

FEBRUARY 25 & MARCH 18

MARCH 4

MARCH 11

ST. CYPRIAN'S EPISCOPAL CHURCH
EMMANUEL EPISCOPAL CHURCH
ST. JOHN'S EPISCOPAL CHURCH
HAMPTON, VIRGINIA

FOR MORE INFO CONTACT: 757-723-8253



Let Us Go to the Other Side

2026 Ecumenical Lenten Series

Hosted by St. Cyprian's, Emmanuel, and St. John's Episcopal Churches

We warmly welcome you to take part in the 2026 Ecumenical Series, held every Wednesday throughout Lent for the next four Lenten weeks, with participation from our Episcopal Churches in Hampton. This season presents an opportunity for personal reflection, renewal, and meaningful growth through engagement with our faith communities. Join us and experience inspiration among a vibrant community of believers!

Wednesdays: 5 p.m. – 7 p.m.

5:00 p.m. Dinner with soup and salad

5:30 p.m. Program

6:30-7 p.m. Compline Prayer

SCHEDULE

February 25th – St. John's ~ The Rev. Lisa Erdeljon
Renewal of Mind and Spirit, Part 1 (Romans 12:2)

March 4th – St. Cyprian's ~ The Rev. Hector Sintim
Transformative Power of God (Mark 4:35)

March 11th – Emmanuel ~ The Rev. Rhonda Wheeler & Rev.
Deacon Darlene Jackson
Radical Welcome: Ubuntu, "I am because we are."(John 4:1-42)

March 18th – St. John's ~ The Rev. Lisa Erdeljon
Renewal of Mind and Spirit, Part II (Romans 12:2)





“By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return.” ~ Genesis 3:1

LENTEN SCHEDULE OF SERVICES

St. Cyprian’s Lenten and Easter Season observances will feature a detailed Lenten Study, Palm Sunday readings, a presentation of the Stations of the Cross, and inspiring music on Easter Sunday. We are pleased to participate in the Lenten Ecumenical Services alongside other Episcopal Churches in Hampton over the next four weeks, centered around the theme *“Let Us Go to the Other Side.”* Each congregation will host one evening of study, commencing on February 25, 2026, and continuing on Wednesdays through March 18, 2026. All are invited to attend and participate in these services.

- February 25** Lenten Study – *Renewal of Mind and Spirit, Part 1*
(Romans 12:2)
St. John’s ~ The Rev. Lisa Erdeljah
- March 1** Women’s History Month Celebration
Coffee Hour Speaker
- March 4** Lenten Study – *Transformative Power of God*
(Mark 4:35)
St. Cyprian’s ~ The Rev. Hector K. Sintim
- March 8** Education Sunday/Daylight Savings Begins
Finance & Treasury Team Meeting
- March 11** Lenten Study – *Radical Welcome: Ubuntu, “I am because we are.”*(John 4:1-42)
Emmanuel ~ The Rev. Rhonda Wheeler
- March 15** Stewardship Sunday
Health Committee Meeting
- March 18** Lenten Study – *Renewal of Mind and Spirit, Part 11*
(Romans 12:2)
St. John’s ~ The Rev. Lisa Erdeljah

- March 22** Testimonial Sunday
St. Cyprian's ~ The Rev. Hector K. Sintim
- March 27** Healing Service
St. Cyprian's ~ The Rev. Hector K. Sintim
- March 29** Palm Sunday – *The Sunday of The Passion*
St. Cyprian's ~ 10 a.m. — You Tube Live
- April 2** Maundy Thursday
St. Cyprian's ~ 6 p.m.
- April 3** Good Friday – *Stations of the Cross*/16 members
St. Cyprian's ~ 3 p.m.
- April 4** Holy Saturday Service – *Great Vigil of Easter Service*
St. Cyprian's ~ 6 p.m.
- April 5** Easter Sunday ~ *The Sunday of the Resurrection*
St. Cyprian's ~ 10 a.m. — You Tube Live

Lent



SHROVE TUESDAY PANCAKE SUPPER

We appreciate all the parishioners who supported Shrove Tuesday. The event drew 37 attendees, including both parishioners and friends, and 67 dinners were sold. Of those, eight were delivered to shut-ins and four went to friends. Everyone enjoyed themselves, and special thanks go out to Steve Ham for preparing the food with care.



Diocese of Southern Virginia

The Rt. Rev. Susan B. Haynes, Diocesan Bishop

St. Cyprian's Episcopal Church

The Rev. Dr. Hector K. E. Sintim, Priest –in-Charge

Worship Services and Times/ Sundays – 10 a.m.

The Staff

Phyllis Holland-James, Director of Music Ministries

Bettie J. Swain, Parish Administrator

The Vestry

(Meets the 2nd Tuesday of each month – 12 p.m.)

Mary T. Jackson (2025,) Senior Warden

Charles Wynder Sr., (2027), Junior Warden

Lisa B. Youngblood (2027), Register

Jean H. Carnegie (2025)

Marshall Jackson (2027)

Connie McCullough (2025)

Alberta W. Reid (2026)

Joy D. Strawn (2026)

Fannie J. Walls (2027)

Lora P. Ham, Treasurer

Mark Farquharson, Webmaster/Audio Visual Technician

St. Cyprian's Episcopal Church

P.O. Box 65

Hampton VA 23669-0065

Phone: 757-723-8253

Rev. Dr. Hector E. K. Sintim - 757-690-6739 (Cell)

Office Hours: Tuesdays through Thursdays/ 9:30 a.m. - 2:30 p.m.

E-Mail: Office@stcyprianshamptonva.org

Website: <http://www.stcyprianshamptonva.org>

YouTube: St. Cyprian's Episcopal Church, Hampton, VA

Saint Cyprian's Church is named after Cyprian, the first Bishop of Carthage, North Africa (248-258). He spoke for reconciliation of the Church with those who had denied their faith. Cyprian was beheaded for refusing to worship pagan gods and deny Christianity. Thus, he became a martyr of Christ's Church universal.