

ST. CYPRIAN'S EPISCOPAL CHURCH
THE SEVENTH SUNDAY AFTER PENTECOST
SUNDAY, JULY 12, 2026

10 a.m.

YouTube Live



The Rev. Dr. Hector E. K. Sintim
Priest-in-Charge

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Tuesdays – Thursdays/10:30 a.m. – 3:30 p.m.

**THE SEVENTH SUNDAY AFTER PENTECOST
SUNDAY, JULY 12, 2026
THE HOLY EUCHARIST, RITE II**

PRELUDE

PROCESSIONAL HYMN (*LEVAS # 65*)

~ “*Bless the Lord, O My Soul*”

THE OPENING ACCLAMATION

BCP p. 355

Celebrant: Alleluia. Christ is risen.

People: ***The Lord is risen indeed. Alleluia.***

THE COLLECT FOR PURITY

BCP p. 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
Amen.

All Standing

THE GLORIA~ (*LEVAS # 243*)

BCP p. 356

**Glory to God in the highest
and peace to His people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,**

**You alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of the Father. *Amen.***

Celebrant: The Lord be with you.

People: ***And also with you.***

Celebrant: Let us pray.

THE COLLECT

BCP p. 231

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*

THE LESSONS

FIRST LESSON: Genesis 25:19-34

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger." When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was

a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright. (*NRSV*)

Reader: The Word of the Lord.

People: ***Thanks be to God.***

Psalm 119:105-112

Lucerna pedibus meis

BCP p. 772

- 105 Your word is a lantern to my feet *
and a light upon my path.
- 106 I have sworn and am determined *
to keep your righteous judgments.
- 107 I am deeply troubled; *
preserve my life, O LORD, according to your word.
- 108 Accept, O LORD, the willing tribute of my lips, *
and teach me your judgments.
- 109 My life is always in my hand, *
yet I do not forget your law.
- 110 The wicked have set a trap for me, *
but I have not strayed from your commandments.
- 111 Your decrees are my inheritance for ever; *
truly, they are the joy of my heart.
- 112 I have applied my heart to fulfill your statutes *
for ever and to the end.

THE EPISTLE: Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by

the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you. (NRSV)

Reader: The Word of the Lord.
People: **Thanks be to God.**

THE GRADUAL HYMN: (LEVAS # 137)
~ “Just As I Am”

A READING FROM THE HOLY GOSPEL

Gospeller: The Holy Gospel of our Lord Jesus Christ according to **Matthew 13:1-9, 18-23**
People: **Glory to you, Lord Christ**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: “Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since

they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!” “Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.” (NRSV)

Gospeller: The Gospel of the Lord.

People: ***Praise to you, Lord Christ.***

SERMON HYMN: (LEVAS # 99)

~“*On Christ the Solid Rock*”

THE SERMON

THE REV. DR. HECTOR SINTIM

THE NICENE CREED

BCP p. 358

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,**

**of one Being with the Father.
Through him all things were made.**

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,

and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. *Amen.*

PRAYERS OF THE PEOPLE, FORM VI

BCP p. 392

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For ***Sean***, our Presiding Bishop, and ***Susan***, our Bishop; for and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation;

Silence

The People may add their own petitions

We ask prayers for the sick, *especially Juanita Alexander, Ardelle Anderson, Daisy Bell, Jeffery Corbin II, Keri Corbin, Sandra Corbin, Crystal Diggs Gray, Patricia Dixon, Regal DuBose, Samuel E. Ewell Jr., Gene Harden, Betty Lewis, Marc Miller, Delores Minor, Gwendolyn Newsome, Shane Otey, Eleanor Pritchett, Alberta Reid, Angela J. Russell, Henry P. Russell Jr., Minnie Stiff, Vernell Walden, Wayne Walden, John Watkins Sr., Bernice Wilson, Lucius Wyatt, and Samantha B. B. Burney*
That they may be delivered from their distress.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray that all who have died may have a place in your eternal kingdom, especially **Ron Minor**, husband of Delores Minor, who died on June 19, 2026, and **Eileen Todd**, sister-in-law of our Senior Warden, Mary T. Jackson, who died on Wednesday, July 8, 2026.

Silence

The People may add their own petitions

In our Diocesan Cycle of Prayers, we pray for St. James, Accomac and Emmanuel, Cape Charles; and for First Responders.

We pray for the de-escalation of violence and evil in the world and for the people of the Middle East, Ukraine and Haiti.

We offer prayers for our nation. Wherever there is disagreement, violence, and strife, we pray that you will change their hearts and fill them with the spirit of mercy. Teach us all the pathways of peace and forgiveness. Let your peace dwell in every heart during these challenging times; and, with thankful heart, we pray in the name of our Lord and Savior, Jesus Christ.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

Silence may be kept.

The Celebrant concludes with an absolution or a suitable Collect.

THE ABSOLUTION

BCP p. 360

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen***

THE PEACE

Celebrant: The peace of the Lord be always with you.

People: ***And also with you.***

OFFERTORY SENTENCE (*To be said by all*)

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High. ~ Psalm 50:14

THE OFFERTORY ANTHEM (*LEVAS # 184*)

“Blessed Assurance”

PRESENTATION OF OFFERINGS AND DOXOLOGY HYMN

(All Stand) ~ (HYMNAL # 380 v 3)

Representatives of the congregation bring the people’s offerings of money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented and placed on the Altar.

Celebrant and People

Praise God from whom all blessings flow.

Praise Him, all creatures here below.

Praise Him above, ye heavenly host.

Praise Father, Son, and Holy Ghost. Amen

Celebrant: We pray, brethren, that your sacrifice and mine may be acceptable by the Lord Almighty.

People: ***May the Lord receive our sacrifice both for our benefit and that of his holy Church.***

THE HOLY EUCHARIST~ Eucharistic Prayer B BCP p. 367

In this prayer, the lines in italics are spoken by the People.

Celebrant: The Lord be with you.

People: ***And also with you.***

Celebrant: Lift up your hearts.

People: ***We lift them to the Lord.***

Celebrant: Let us give thanks to the Lord our God.

People: ***It is right to give him thanks and praise.***

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Celebrant and People -The Sanctus ~ (LEVAS # 252) **BCP p. 362**

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took

bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

Celebrant ~ “Father, We Adore Thee”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

People ~ “Jesus, We Adore You; Spirit, We Adore You”

Therefore, according to his command, O Father,

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [Cyprian and] all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

AMEN.

As our Savior Christ has taught us, we now pray,

People and Celebrant

THE LORD'S PRAYER ~ (LEVAS # 263)

BCP p. 364

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. *Amen.***

THE BREAKING OF THE BREAD

BCP p. 364

The Celebrant breaks the consecrated Bread

THE FRACTION ANTHEM

A period of silence is kept.

Celebrant and People

“Christ Our Passover” ~ (LEVAS # 268)

“O Lamb of God” ~ (LEVAS #269)

**Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace.**

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

and may add

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

(All baptized Christians are invited to receive the bread and wine. To receive, please come to the altar rail; kneel or stand with hands outstretched to receive the bread. Then decide whether to receive the wine by dipping the bread or drinking from the large common cup.)

COMMUNION HYMNS (LEVAS # 148)

~ "I'm a-Going to Eat at the Welcome Table"

THE POSTCOMMUNION PRAYER

BCP p. 366

Let us pray.

Celebrate and People

**Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

WELCOME AND ANNOUNCEMENTS

PRAYERS FOR BIRTHDAYS AND ANNIVERSARIES

THE BLESSING

RECESSIONAL HYMN (LEVAS # 141)

~ “*Shall We Gather at the River*”

CHORAL BENEDICTION ~ “*Let the Church Say Amen*”

THE DISMISSAL

BCP p. 366

Celebrate: Go in peace to love and serve the Lord.
Alleluia! Alleluia!

People: ***Thanks be to God. Alleluia! Alleluia!***

THE POSTLUDE



~ ANNOUNCEMENTS ~

A St. Cyprian's Invitation

Whoever you are and wherever you find yourself on your journey of faith, you are welcome at St. Cyprian's Episcopal Church. If you are visiting today, we invite you to receive the blessings of new and unending life in Jesus Christ. To learn more about making St. Cyprian's your parish home, please speak with the priest. We would be delighted to share with you our fellowship, worship, and prayer.

IN OUR CYCLES OF PRAYER:

We Pray for Our Bishop: Susan B. Haynes

We Pray for Our Ministry for Postulancy: Cornelia Taylor

We Pray for Parishioners:

Juanita Alexander, Ardelle Anderson, Daisy Bell, Jeffery Corbin II, Keri Corbin, Sandra Corbin, Crystal Diggs Gray, Patricia Dixon, Regal DuBose, Samuel E. Ewell, Jr., Gene Harden, Betty Lewis, Marc Miller, Delores Minor, Gwendolyn Newsome, Shane Otey, Eleanor Pritchett, Alberta Reid, Angela J. Russell, Henry P. Russell Jr., Minnie Stiff, Vernell Walden, Wayne Walden, John Watkins, Sr., Bernice Wilson, Lucius Wyatt, and Samantha B. B. Burney

We Pray for Friends and Family:

Derrick Edmonds, Lois Martin, Margaret Comegys, Clay Cane, Alexa Munoz, Cheryl Maxson, Doris Harris, Marcus Reid, Jeannie & Paul Saunders, Beverly Amaya, Lily Holloman, Allison Jordan, Greg & Patrina Newton, Kenneth Bullock, Peggy Winston, Dominique Jordan, Tony Leroy Duncan, Edith & Sana Harris, Jasen Fykes (*grandson of Eleanor Pritchett*), Sophia (*sister of Lucretia Clayton*), Shawna Mathias (*sister of Crystal Diggs Gray*), Joy Staton, Christine Calhoun, Jeffrey Peele, Oliver Christian (*brother of The Rev. Earl R. Christian*), Howard Moore (*brother of Lucretia Clayton*), Philip Whitaker (*brother of Crystal Diggs Gray*), Russell Rhorer (*brother-in-law of Samuel Ewell, Jr.*), Evita Ogden (*niece of Alberta Reid*), Phillip Wilson, William & Margaret Boyd (*nephew*)

of Gwendolyn Newsome), Barry Lockett (*neighbor of Lora & Steve Ham*), Yvonne Hargrove (*sister of Stephen Ham {Lora}*), Betty Rivera (*neighbor of Lora & Stephen Ham*), Nettie Smiley (*friend of Portia Goode-Herd*), Julyn Sheppard (*wife of the late Jerome Sheppard*), Doris Powell, Jaden Cooper (*nephew of Crystal Diggs Gray*), Jill & Mike Wojcik (*neighbor of Gwendolyn Newsome*), Thomas Dru Montague (*grandson of DeLaine Headen*), Claire Martine (*sister of Gwendolyn Newsome and aunt of Sharon and Sylvester Newsome Jr.*), Lorean Hester (*mother of Earl Hester*); Lorraine Edwards (*aunt of Crystal Diggs Gray*) and Olivia Ghanem (*mother of Fr. Sintim*)

We Pray for Those Serving in the Military:

LaToya Artis (*niece of Dr. Minnie Stiff*); Major Luke Carpenter, III (*grandson of Bill and Fannie Walls*), U.S. Marine Corps; John “Holland” Watkins (*son of John & Maria Watkins*) U.S. Navy; and LT. Joy Maria Watkins (*daughter of John & Maria Watkins*), U.S. Coast Guard

We Pray for The Departed:

With heartfelt sympathy, we share that **Ron Minor**, *devoted husband of Delores Minor*, passed away early Friday morning, **June 19, 2026**. We ask for your prayers and loving thoughts for Delores and their family during this deeply painful time. Funeral arrangements will be announced at a later date. The family kindly requests that expressions of sympathy be sent by cards, text messages, or prayers only. *May God grant **Ron Minor** the blessings of eternal rest and may light perpetual shine upon him.*

With heavy hearts, we share news of the sudden and tragic passing of **Eileen Todd**, *sister-in-law of our Senior Warden, Mary T. Jackson*. Eileen passed away after emergency surgery following a tragic accident Wednesday morning, **July 8, 2026**. Please keep **Mary T. Jackson, her husband Wayne**, and their entire family in your prayers during this difficult time. We will share additional updates once the family is ready to share those details. *May the souls of the faithful departed, by the mercy of God, rest in peace and may light perpetual shine upon **Eileen** in the glory of God our Father.*

Peake Childcare Center – Today, we will accept donations after the service for Peake Childcare Center, an important community facility and one of our outreach ministries. Thank you for your generosity. ~ *The Vestry*

Noonday Prayer Service – Join us every Wednesday at noon for a brief, 20-minute prayer service to pause, reflect, and center your week. Everyone is welcome. If you have prayer requests, please fill out a prayer card and place it in the box near Howard Chapel. Let's continue to come together in faith and love as we seek God's guidance and strength.

Altar Flowers – Donations for Altar Flowers are often given in memory of a loved one who has passed, or in thanksgiving for someone special in your life. The cost of altar flowers is \$35 for each side of the altar. If you would like to donate to this fund for the 2026 year, as an expression of love or remembrance, please sign the Altar Flower Sign-up Sheet or contact Eleanor Pritlchett or Fannie Walls. ~ *Altar Guild*

Altar Flowers were given today to the glory of God by **Gail B. Jones and Jean Carnegie** in celebration of their birthdays. ~ *Gail B. Jones and Jean Carnegie*

Topics for Outreach Speakers – I welcome your suggestions for future Coffee Hour Outreach Speaker topics. Speakers will be scheduled quarterly, and I look forward to receiving your recommendations. Thank you. ~ *Alberta Reid, Outreach Chair*

Invitation for Readers – We would like to extend an invitation to anyone who loves to read and ask that you consider becoming a lay reader on Sundays. This is a way for you to explore our Lay Ministry and serve the parish on a voluntary basis. If you are interested in reading one of the lessons on any given Sunday, please notify Mary T. Jackson or the Parish Administrator. ~ *The Liturgical Servers*

Birthdays and Anniversaries – We will celebrate **July birthdays** this **Sunday, July 12th**. If you have a birthday or wedding

anniversary this month, please join us at the 10 a.m. worship service for a special blessing. Afterward, everyone is invited to coffee hour for fellowship, cake, and warm wishes.

Welcome/Newcomers Committee Meeting – Felicia Hart, Betty Lewis, and DeLaine Headen will meet with Fr. Sintim after the morning service today, **July 12, 2026** after the 10:30 service. This ministry helps welcome newcomers into the congregation and will begin developing new welcome packets and follow-up communications for visitors and members. Thank you for your service to this important ministry. The **Strategic Planning and Implementation Committee** will also join this meeting today for a short briefing from Fr. Sintim.

Worship Committee Meeting – The Worship Committee will meet with Fr. Sintim immediately after morning worship on **Sunday, July 19, 2026**. This committee will discuss the worship calendar through year-end, including special events and programs. Members are Samantha Burney, Phyllis Holland-James, Fannie Walls, and Marihalia Brando.

New Date for Semi-Annual Parish Meeting – The **Semi-Annual Parish Meeting** will take place on **Sunday, July 26, 2026**, following the 10 a.m. service. This meeting will be hybrid and the zoom link will be shared with parishioners via email. Minutes from the previous semi-annual meeting should also be included in the booklet. The Financial Report will be presented by the Treasurer at the meeting on Sunday, July 26. Please address all inquiries to the St. Cyprian's Parish Office by phone (757-723-8253) or by email (st.cyprianshamptonva@gmail.com./ Office@stcyprianshamptonva.org).

Church Directory – If you aren't sure whether or not you are in the directory or if your information is not correct, please contact the Parish Administrator. An updated Church Directory will be ready for distribution soon and we want to be sure that everyone is listed correctly. Thank you. ~ *Parish Administrator*

Hampton Branch NAACP – The 54th Annual Life Membership Awards Celebration will be held on **Sunday, October 18, 2026**, at 3 p.m. at the Hampton Roads Convention Center. The Hampton Branch NAACP invites your support. Early tickets are \$110 and include the membership fee. Sponsorship and opportunities are also available. For more information, please call 757-827-1768.

~ *Jorsene S. Cooper, Life Membership Celebration Committee*

Safe Church Training – The Episcopal Diocese of Southern Virginia continues to offer training in three formats: In person, zoom-based, and online via *Praesidium Academy*. The schedule for Specialized Training is listed below. To register for any of the workshops, visit the Safe Church Training page of the Diocesan website

- Sat., Aug. 22, 9 a.m.-12:30 p.m. /(via Zoom) and Sun., Aug. 23, 1-4:30 p.m.
- Sat., Sept.12, 9 a.m.-3 p.m. / Christ Church -Amelia
- Sat., Sept.19, 9 a.m.-3 p.m./ Epiphany -Norfolk
- Sat., Oct. 17, 9 a.m.-3 p.m./ St. Paul's -Petersburg
- Sat., Oct. 31, 9 a.m.-3 p.m. / Eastern Shore Chapel-Virginia Beach
- Sat., Nov. 7, 9 a.m.-3 p.m. / Christ the King -Tabb
- Sat., Nov. 21, 9 a.m.-3 p.m./ Trinity -Portsmouth
- Sat., Dec. 5, 9 a.m.-3 p.m. / St. David's -North Chesterfield

Racial Healing Workshop – Specific individual and groups within the diocese are recommended to participate in the Racial Healing Workshops. Those individuals and groups include search committees, vestries and leadership boards (Standing Committee, Commission on Ministry, Executive Board, among others), diocesan staff, church staff, and clergy. Workshop dates are listed below.

- Sat., Aug. 1, 2026, 9 a.m. - 3 p.m. Epiphany- Danville
- Sat., Aug. 29, 2026, 9 a.m. - 3 p.m. Bruton Parish -Williamsburg
- Sat., Sept. 26, 2026, 9 a.m. - 3 p.m. Good Shepherd -Norfolk
- Sat., Oct. 3, 2026, 9 a.m. - 3 p.m. Hungars -Bridgetown
- Sat., Nov.14, 2026, 9 a.m. - 3 p.m. Emmanuel -Virginia Beach

Weekly Diocesan Cycle of Prayer – Beginning in July, congregations throughout the Episcopal Diocese of Southern Virginia are invited to participate in a new Weekly Diocesan Cycle of Prayer. Each week, the cycle offers prayers for diocesan congregations, ministries, and those who serve our communities. The bishop hopes this resource will strengthen our connection through prayer, service, and community. Beginning this Sunday, we will include these petitions as part of the Prayers of the People. The diocesan cycle of prayer and other prayer resources are available on the diocesan website.

UPCOMING IN THE WEEK AHEAD...

Sun. July 12 th		Peak Childcare Center Donation
Sun. July 12th	9 a.m.	Bible Study
Sun. July 12th	10 a.m.	Holy Eucharist, Rite II - <i>YouTube</i>
Sun. July 12th	10 a.m.	Rev. Dr. Hector K. Sintim, Clergy
Sun. July 12 th	11 a.m.-12 p.m.	Communion Pick-up
Sun. July 12th	11:30 a.m.	Welcome Committee Mtg
Tue. July 14 th	11 a.m.	Vestry Meeting
Wed. July 15 th	11 a.m.-12 p.m.	Communion Pick-up
Wed. July 15 th	12 p.m.	Noonday Prayer
Thur. July 16 th	11 a.m.	Choir Rehearsal
Thur. July 16 th	12 p.m.	Bible Study
Thur. July 16 th	11 a.m.-12 p.m.	Communion Pick-up
Sun. July 19 th		Revenue Enhancement Fund
Sun. July 19th	9 a.m.	Bible Study
Sun. July 19th	10 a.m.	Holy Eucharist, Rite II - <i>YouTube</i>
Sun. July 19th	10 a.m.	Rev. Dr. Hector K. Sintim, Clergy
Sun. July 19 th	11 a.m.-12 p.m.	Communion Pick-up
Sun. July 19 th		July Birthday Celebration/Coffee Hour
Sun. July 19th	11:30 a.m.	Worship Committee Meeting
Wed. July 22 nd	11 a.m.-12 p.m.	Communion Pick-up
Wed. July 22 nd	12 p.m.	Noonday Community Prayer
Thur. July 23 rd	11 a.m.	Choir Rehearsal
Thur. July 23 rd	12 p.m.	Bible Study
Thur. July 23 rd	11 a.m.-12 p.m.	Communion Pick-up
Sun. July 26 th		<i>HELP</i> Sunday
Sun. July 26th		Semi-Annual Parish Meeting

**THE SEVENTH SUNDAY AFTER PENTECOST
JULY 12, 2026
10 a.m.**

Eucharistic Minister – Mary T. Jackson
Acolyte – Tamayah Smith; Lucretia Clayton
Altar Guild – Lucretia Clayton; Lora Ham; Eleanor Pritchertt
Ushers – Connie McCullough; BT Brandon
Webmaster & Audio Visual Technician – Mark Farquharson
Trustees – Stanley Carnegie; Gail B. Jones; Lucius Wyatt

**CHURCH ATTENDANCE
SIXTH SUNDAY AFTER PENTECOST
July 5, 2026**

Present – 34
Communion – 34
YouTube – 13

JULY BIRTHDAYS

7/4 Mark Farquharson
7/10 Lisa B. Youngblood
7/12 Norman Wilkerson III
7/15 Gail Boyd Jones
7/17 Jean Carnegie
7/23 Henry Russell
7/30 Patricia Allen Ganther

JULY ANNIVERSARIES

7/13 Kim & Will Canty
7/18 Regal & Rose DuBose
7/20 Deeno & Fiona Robinson-Powell
7/21 Clayton & Fay Winston

If we missed your birthday or anniversary, please let us know by calling the Church Office, (757) 723-8253.

NOTES



Diocese of Southern Virginia

The Rt. Rev. Susan B. Haynes, Diocesan Bishop

St. Cyprian's Episcopal Church

The Rev. Dr. Hector K. E. Sintim, Priest –in-Charge

Worship Services and Times

Sundays

10 a.m.

The Staff

Phyllis Holland-James, Director of Music Ministries

Bettie J. Swain, Parish Administrator

The Vestry

(Meets the 2nd Tuesday of each month – 11 a.m.)

Mary T. Jackson (2025,) Senior Warden

Lisa B. Youngblood (2027), Register

Mark Farquharson (2028)

Marshal Jackson (2027)

Dorian Moore (2028)

Alberta W. Reid (2026)

Joy D. Strawn (2026)

Fannie J. Walls (2027)

Clayton Winston (2028)

Lora P. Ham, Treasurer

Mark Farquharson, Webmaster/Audio Visual Technician

St. Cyprian's Episcopal Church

P.O. Box 65

Hampton VA 23669-0065

Phone: 757-723-8253

Rev. Dr. Hector E. K. Sintim - 757-690-6739 (Cell)

Office Hours: Tuesdays -Thursdays/ 10:30 a.m. - 3:30 p.m.

E-Mail: Office@stcyprianshamptonva.org

Website: <http://www.stcyprianshamptonva.org>

YouTube: St. Cyprian's Episcopal Church, Hampton, VA

Follow Us on Facebook - <https://www.facebook.com/St-Cyprians-Episcopal-Church-Hampton-Va-30770105>

Saint Cyprian's Church is named after Cyprian, the first Bishop of Carthage, North Africa (248-258). He spoke for reconciliation of the Church with those who had denied their faith. Cyprian was beheaded for refusing to worship pagan gods and deny Christianity.

Thus, he became a martyr of Christ's Church universal.